



## WE ARE HERE FOR YOU

If you have a student enrolled in the District and need help navigating or accessing any of these services, don't hesitate to reach out to our Student Support Advocates for assistance. Call the hotline and leave a detailed message, we will return your call on the next business day.

### **STUDENT SUPPORT ADVOCATE (SSA) SUMMER HOTLINE: 360-348-9594**

#### Direct Lines:

Susan Graham (High School): 360-348-8902  
Alexis Rackley (Middle School): 360-348-0226

Jillian Hardy (Crossroads): 360-348-8116  
Kathy Bernhardt (MCE/MWE): 360-348-9594

- SUICIDE PREVENTION
- MENTAL HEALTH
- SUBSTANCE ABUSE
- LGBTQIA+ SUPPORT

- PARENT SUPPORT
- BASIC NEEDS
- HOUSING
- SCHOOL SUPPORTS

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## YOU ARE NOT ALONE!

**Granite Falls School District has identified these trusted resources for support:**

### Suicide & Crisis Lifeline

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7. To access the free and confidential Lifeline:

Call or Text: 988

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### Crisis Text Line

Crisis Text Line provides free, 24/7, high-quality text-based mental health supports to help people in their moments of need. To connect with a live Crisis Counselor:

Call: 1-800-584-3578

Text: **HOME** to 741741

Website: [crisistextline.org](https://crisistextline.org)

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### The Trevor Project

The Trevor Project specializes in serving students who identify as LGBTQIA+. If you are in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, you can:

Call: 866-488-7386

Text: **START** to 678678

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### Teen Link

Teen Link's teen volunteers are trained to listen to your concerns and talk with you about whatever's on your mind – bullying, drug and alcohol concerns, relationships, stress, depression or any other issues you're facing. No issue is too big or too small and calls and chats are confidential! To connect with someone that's willing to listen to you without judgment:

Call: 1-800-833-6546

Text with a Counselor: 866-833-6546

Website: <https://teenlink.org>

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### Emergency Youth Housing

Call: 425-877-5171

Immediate help with a life-threatening emergency call **911**